



Starting January 15, 2017

Kaiser Permanente Members: Participate in REEP Wellness activities and earn up to \$150 in rewards!

As part of the REEP Wellness program, school district employees enrolled in a Kaiser Permanente medical plan through REEP can earn up to **\$150 in gift cards** by completing various wellness activities between **January 15, 2017 and May 31, 2018**.

Here's a list of the wellness activities and the rewards you can earn:

<u>Wellness Activity</u>	<u>Reward Earned</u>
<ul style="list-style-type: none"> ➤ Visit: http://kp.org/engage and register <p>(If you have already registered, you will just need to enter your kp.org user ID and password and agree to the Wellness Program Agreement on the rewards platform to earn the gift card.)</p>	\$25 gift card
<ul style="list-style-type: none"> ➤ Complete the Total Health Assessment..... 	\$25 gift card
<ul style="list-style-type: none"> ➤ Complete 2 of the 3 activities listed below (Maximum of 2 gift cards): 	
<ul style="list-style-type: none"> ✓ Kaiser Permanente Healthy Lifestyle Programs through http://kp.org/engage.. 	\$50 gift card per program
<ul style="list-style-type: none"> ✓ Two (2) Kaiser Permanente Wellness Coaching by Phone sessions..... <p>(Call 1-866-862-4295, Monday through Friday from 7 a.m. to 7 p.m. to make coaching appointment.)</p>	\$50 gift card
<ul style="list-style-type: none"> ✓ Participate in a community-based wellness-related event (Heart Walk, Spartan Race, Color Run, 5K) and submit proof of participation (race receipt or photo) to Matt Szenderski either via fax (310-781-8291) or email (mszenderski@keenan.com)..... 	\$50 gift card

Please note:

- The total **maximum** combined amount of gift card rewards you can earn is **\$150**.
- Activities must be completed between **January 15, 2017 and May 31, 2018** in order to qualify for the rewards.

Eligibility for the Gift Card Rewards Program:

The gift card rewards program is only available to REEP subscribers enrolled in Kaiser Permanente. Dependents, spouses, and domestic partners are not eligible for gift cards (unless they are also REEP member school district employees who must call 866.300.9867 to receive their earned rewards), but are strongly encouraged to participate in the REEP Wellness Program. Please allow 4-6 weeks for delivery of gift cards via U.S. mail. Please note that gift cards are taxable by the IRS as employee income.

Protection and Use of Personal Information:

Personal information obtained through the REEP Wellness program will be collected, securely stored, and used by Kaiser Permanente to provide wellness program services to participants. Your individual results will not be shared with REEP or any other entity, except when required by law. A summary of the group results, with no personal identifiers, will be provided to REEP for designing effective wellness initiatives for REEP members.



Step-By-Step Instructions

Get started participating in the REEP Wellness program **and earn up to \$150 in rewards.**

You'll need to accept the Wellness Program Agreement to participate. Here's how:

1. Sign on

- Go to <http://kp.org/engage> and click on the "Sign-on" button.
- Sign on by entering your kp.org user ID and password.
- If you are not registered at kp.org, click the "Register now" button to get a user ID and password.

2. Agree

- To receive credit for your activities, check "Yes" to accept the Wellness Program Agreement, then click "Submit."
- If you check "No," you will not earn credit for your REEP wellness program activities.

Questions?

Please contact Kaiser Permanente Customer Service at rewardscustomerservice@kp.org or via phone at 866.300.9867 for assistance.

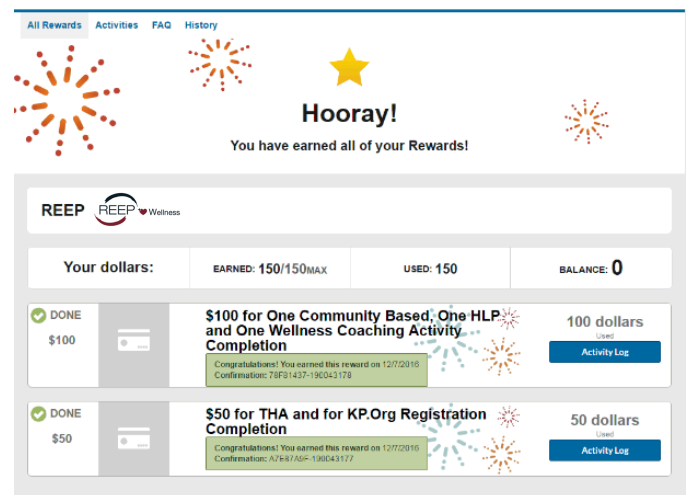
3. Registration

- Update or provide your contact information.

4. Participate

- Get started on your wellness activities, which are listed on the "My rewards" page.
- Visit the website often to track the status of your activities online.

5. Completing the rewards program



The screenshot shows the REEP Wellness rewards dashboard. At the top, there are navigation tabs for "All Rewards", "Activities", "FAQ", and "History". Below this, a large yellow star and the text "Hooray! You have earned all of your Rewards!" are displayed. A summary bar shows "Your dollars:" with "EARNED: 150/150MAX", "USED: 150", and "BALANCE: 0". Below the summary bar, there are two reward cards, both marked "DONE". The first card is for "\$100 for One Community Based, One HLP and One Wellness Coaching Activity Completion" and shows "100 dollars Used". The second card is for "\$50 for THA and for KP.Org Registration Completion" and shows "50 dollars Used". Each card includes a confirmation number and a date.

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